

ALLERGEN MENU

Fothergills

Our Allergen Menu Provides Product Information Regarding Allergens in Each Dish, Our Kitchen Teams Are Trained to Adhere to this Allergen Information. Due To the Nature of Our Food Production Environment, We Cannot Guarantee With 100% Certainty That Traces of The Major 14 Allergens May Not Be Present in Your Dish.

However, We Try to Ensure Levels Are Adequately Controlled to The Best of Our Ability.

*Some Items Are Cooked in The Same Deep Fat Fryer and May Contain Traces of All Allergens; This Is Indicated With
(DEEP FRIED ITEMS)

STARTERS

SOUP OF THE DAY

CONTAINS: celery/gluten/lupin/nut traces/sesame/soya/Sulphur dioxide

HUMMUS & OLIVES

CONTAINS: celery/gluten/lupin/mustard/nut traces/peanuts/sesame/soya/Sulphur dioxide STICKY

BOURBON PORK

CONTAINS: Gluten (Barley)Mustard/nut traces/peanuts/sesame/soya/Sulphur dioxide

WHITEBAIT & TRUFFLE AIOLI

CONTAINS: gluten(wheat)/crustaceans/eggs/fish/milk/mollusc/mustard/nut traces/peanuts/sesame/soya/Sulphur dioxide (DEEP FRIED ITEMS)

SPICED NDUJA & KING PRAWNS

CONTAINS: celery/gluten/lupin/milk/mustard/nut traces/pine nuts/sesame/soya/Sulphur dioxide

SALADS

HALLOUMI, GINGER & CHILLI NOODLE

CONTAINS: celery/gluten (wheat, /milk//mustard/nut traces/peanuts/sesame/soya/Sulphur dioxide
(DEEP FRIED ITEMS)

PANCETTA, CHICKEN & AVOCADO

CONTAINS: milk/mustard/nuts/peanuts/sesame/soya/Sulphur dioxide

SMOKED HADDOCK FISHCAKE SALAD

CONTAINS: celery/gluten (wheat)/crustaceans/eggs/fish/milk/mollusc/mustard/nut traces/peanuts/sesame/soya/Sulphur dioxide
(DEEP FRIED ITEMS)

CRAYFISH AND PRAWN CEASER

CONTAINS: celery/gluten (wheat)/crustaceans/eggs/fish/milk/mollusc/mustard/nut traces/peanuts/sesame/soya/Sulphur dioxide

MAINS

BEER BATTERED FISH & CHIPS

CONTAINS: celery/gluten (wheat)/crustaceans/eggs/fish/milk/mollusc/mustard/nut traces/peanuts/sesame/soya/Sulphur dioxide
(DEEP FRIED ITEMS)

MOULES MARINIÈRE

CONTAINS: celery/gluten (wheat)/crustaceans/eggs/fish/milk/mollusc/mustard/nut traces/peanuts/sesame/soya/Sulphur dioxide
(DEEP FRIED ITEMS)

CHICKEN & CHORIZO LINGUINE

CONTAINS: celery/gluten(wheat)/eggs/milk/soya/sulphur dioxide

MUSHROOM SWEET POTATO & SPINACH PIE

CONTAINS: celeriac/celery/ mustard/sulphites

PORK DAUPHINOISE

CONTAINS: celery/gluten traces/milk/mustard/sulphur dioxide

PAN-ROASTED SEA BREAM

CONTAINS: crustaceans/fish/milk/mollusc/mustard/nut traces/pine nuts/sesame/soya/Sulphur dioxide

CHICKEN AND WILD MUSHROOM FRICASSE

CONTAINS: milk/mustard/nut traces/sesame/soya/Sulphur dioxide

LINGUINE ARRABBIATA

CONTAINS: sulphur dioxide/gluten/celery

STEAK PIE

CONTAINS: celery/barley/egg/lupin/milk

(DEEP FRIED ITEMS)

CHICKEN & HAM PIE

CONTAINS: celery/barley/egg/lupin/milk

(DEEP FRIED ITEMS)

THE RAINBOW BURGER

CONTAINS: gluten (wheat, rye, barley)/eggs/lupin/milk/mustard/sesame/sulphur dioxide

(DEEP FRIED ITEMS)

8OZ RIBEYE STEAK

CONTAINS: celery/gluten (wheat)/milk/mustard/Sulphur dioxide

(DEEP FRIED ITEMS)

MEAT FREE MOVING MOUNTAIN BURGER

CONTAINS: celery/gluten (wheat,)/mustard/nut traces/sesame/soya/Sulphur dioxide

(DEEP FRIED ITEMS)

HARISSA AND COCONUT TAGINE

CONTAINS: gluten(wheat)/mustard

BAGUETTES

BATTERED FISH GOUJONS

CONTAINS: gluten (wheat, oats, rye, barley)/lupin/crustaceans/eggs/fish/milk/mollusc/soya/Sulphur dioxide **DEEP FRIED ITEMS)**

LINCOLNSHIRE SAUSAGE

CONTAINS: celery/gluten (wheat, of)/lupin/eggs/milk/mustard/soya/Sulphur dioxide

(DEEP FRIED ITEMS)

MATURE CHEDDAR & CHUTNEY

CONTAINS: celery/gluten (wheat, of)/lupin/milk/mustard/nut traces/soya/Sulphur dioxide

(DEEP FRIED ITEMS)

CHICKEN & BACON CLUB CONTAINS:

gluten(wheat,rye)/mustard/milk/egg

(DEEP FRIED ITEMS)

MEATLESS MEATBALL MARINARA

CONTAINS: celery/gluten (wheat, of)/lupin/milk/mustard/nut traces/soya/Sulphur dioxide

(DEEP FRIED ITEMS)

SUNDAY ROAST MAINS

BRITISH BEEF SILVERSIDE

CONTAINS: celery/gluten (wheat) /eggs /milk /nut traces /soya/Sulphur dioxide

(DEEP FRIED ITEMS)

GARLIC & THYME CHICKEN SUPREME

CONTAINS: celery/gluten (wheat, of) /eggs /milk /nut traces /soya/Sulphur dioxide

(DEEP FRIED ITEMS)

PORK BELLY & CRACKLING

CONTAINS: celery/gluten (wheat, of) /eggs /milk /nut traces /soya/Sulphur dioxide

(DEEP FRIED ITEMS)

MINT & ROSEMARY ROASTED LAMB

CONTAINS: celery/gluten (wheat/eggs /milk /nut traces /soya/Sulphur dioxide

(DEEP FRIED ITEMS)

APRICOT & LENTIL NUT ROAST

CONTAINS: celery/gluten(wheat, rye)/soya/sulphites/sesame/peanuts/nuts (pine nut, walnut, pecan, cashew)/mustard

(DEEP FRIED ITEMS)

DESSERT

BELGIAN CHOCOLATE TART

CONTAINS: gluten (wheat, barley)/eggs/lupin/milk/nut traces/peanuts/sesame LEMON

& ELDERFLOWER POSSET

CONTAINS: gluten (wheat/nut traces/sesame

BLUEBERRY ETON MESS

CONTAINS: Milk/Sesame/Egg

STICKY TOFFEE PUDDING

CONTAINS: gluten(of)/eggs/lupin/milk/nut traces/peanuts/sesame

APPLE TART & CHANTILLY CREAM

CONTAINS: gluten(wheat)/egg/milk/nut traces/peanuts/sesame

SIDES

GARLIC BREAD

CONTAINS: gluten/lupin/milk/nut traces/peanuts/sesame/sulphur dioxide

GARLIC BREAD & CHEESE

CONTAINS: gluten(of)/lupin/milk/nut traces/peanuts/sesame/sulphur dioxide

RUSTIC SEASONED CHIPS

CONTAINS: gluten(of)/lupin/milk/nut traces/peanuts/sesame/sulphur dioxide

(DEEP FRIED ITEMS)

MARINATED OLIVES

CONTAINS: celery/soya/Sulphur dioxide

ONION RINGS

CONTAINS: gluten(of)

(DEEP FRIED ITEMS)

SEASONAL VEGETABLES

CONTAINS: milk

CHILDRENS MENU

CHEESE BURGER

CONTAINS: gluten (wheat, rye, barley)/eggs/lupin/milk/mustard/sesame/sulphur dioxide

(DEEP FRIED ITEMS)

MEAT FREE MOVING MOUNTAIN BURGER

CONTAINS: celery/gluten (wheat,)/mustard/nut traces/sesame/soya/Sulphur

dioxide **(DEEP FRIED ITEMS)**

CHEESY PASTA
CONTAINS: celery/gluten(wheat)/eggs/milk/soya/sulphur dioxide

FISH GOUJONS

CONTAINS: celery/gluten (wheat)/crustaceans/eggs/fish/milk/mollusc/mustard/nut traces/peanuts/sesame/soya/Sulphur dioxide

(DEEP FRIED ITEMS) LINCOLNSHIRE SAUSAGE AND MASH

celery/ gluten (wheat)/ milk/ mustard/ sesame traces/ soya/ sulphur dioxide

HARISSA AND COCONUT TAGINE

CONTAINS: gluten(wheat)/mustard